

## More to read...

Further trail leaflets are available at Ninesprings Café to discover easy access routes, wildlife, heritage, art and more:



Yeovil Country Park  
**Exploring the Park**



Accessibility Guide  
**Easy Access Trails**



Wildlife Guide  
**Wonderful Wildlife**



History & Heritage  
**Journey through Time**

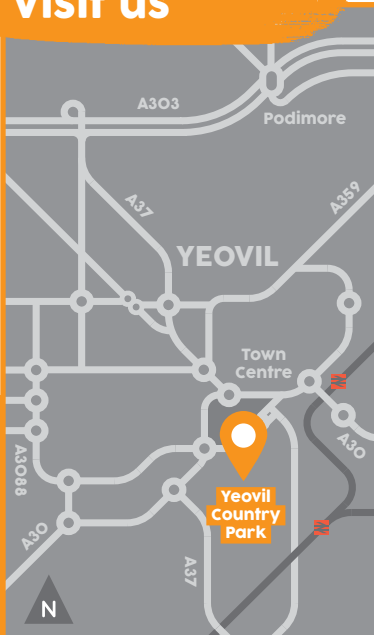


Artistic life Outside  
**Art in the Park**



Nature Trail Activities  
**Ranger Rik's Adventure**

## Visit us



**P** Goldenstones Car Park  
BA20 1QZ

## Further information

Follow us on social media for up to date information and photos:



@SSDC  
Countryside



Yeovil  
Country Park



@southsomerset  
countryside

If you would like more information about the country park, Ninesprings Café, our events & activities, the volunteers or Friends group please contact us:

**W:** southsomersetcountryside.com

**T:** 01935 462462

**A:** South Somerset  
District Council,  
Council Offices,  
Brympton Way,  
Yeovil, Somerset,  
BA20 2HT

**A:** Ninesprings Café,  
Brunswick Street,  
Yeovil, Somerset,  
BA20 1QZ



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Yeovil  
Country Park



## Free Children's Activities 30 Things to Do



### Yeovil Country Park free activities checklist handbook.

Challenger Name:

YOUR Name

Can you rise to the challenge and complete these activities? Can you complete all 30 within one year? Some are seasonal so can only be completed in the spring or summer. Get outside, have fun and explore!



Pick up a sticker sheet at Ninesprings Café to mark off the activities you have done

## Are you ready for the challenges?



They do not have to be completed in numeric order and don't forget to place a sticker on the circle when you have achieved each challenge. Let's go outside and play!

### 01 Listen to the birds



Stop in the woods & find a tree to lean against and listen. How many different birds can you hear around you?



### 03 Spot a tadpole



MAR  
MAY

Can you see the tadpoles swimming in the ponds or streams? These are the young of frogs and toads. You can spot these from March-May.



### 05 Count the springs



Can you count all 9 springs? Can you even find more than 9? Some come and go with the weather and you may get a different number every time you count.



### 07 Track an animal



Find an animal track and see where it leads.



### 02 Be a nature detective



Hunt for poos and clues of the animals that live in the woods; can you find the evidence the animals leave behind; their homes or droppings? Keep a note or take a photo of what you find but **do not disturb their homes or touch their droppings.**



### 04 Play conkers

SEP  
NOV

There are horse chestnut trees at Ninesprings and Penn Hill. Can you find conkers in the autumn and challenge a friend or family member to a game of conkers?



### 06 Follow the stream



Can you follow the water through the park? Start at the spring at the very top of the valley gardens, along the streams and through the ponds to the lake. Can you follow Dodham brook to the river Yeo.



08

### Spot a man-made animal home



While you're exploring can you see a bat box, or bird box, or an insect hotel?



### 09 Feed the ducks

Bird seed, sweetcorn, oats, grapes, peas and lettuce are their favourites but **please don't feed the birds bread**, as it's bad for them.

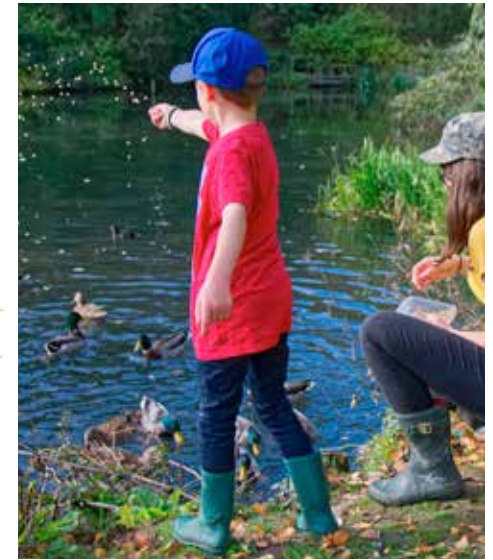


10

### Make a nature collage



Collect fallen natural items from the ground (stones, leaves, seeds, sticks) and make a pattern or picture with them, take a photo and leave it for everyone to see.



## 11 Splash in the puddles



On a wet day jump in the puddles and watch the water running down the slopes.



## 13 Draw nature

Sketch something you can see in the park.



## 12 Cloud watch



On a dry day, lie on your back on the grass and hunt for shapes in the clouds.



## 14 Plant a nut

Find a handful of acorns, hazelnuts or beech nuts, then find a clear area in the woods, make a hole with your finger and plant one in the ground.



## 21 Find tree creatures



When you are exploring in the woods look for creatures in the trees. Can you see faces in the bark or creatures in the branches?



## 23 Find a meadow mini-beast



Look in the long grass in the meadow area, among flowers and leaves. Can you find, beetles, ladybirds, grasshoppers, spiders, bees or butterflies?

**Watch out for stinging nettles!** They're great for bugs but not very nice to touch!



## 25 Ride along the cycleway



Cycle, scooter or skate along the cycleway. **Watch out for other people and dogs that may be using the path too.**

## 26 Hide in the willows



## 15 What is your favourite place in the park?

Tell someone about your favourite place of Yeovil Country Park. Describe it, what it looks

## 16 Climb the hills



## 22 Go on a smell scavenger hunt



Use your nose and see how many different smells you can find on your walk. Can you work out what is causing the smells?



## 24 Find a woodland mini-beast



Look under logs and leaves or stones, around the base of trees or dead trees and see if you can find woodland minibeads such as slugs, snails, woodlice and beetles.



like, what grows and lives there.

## 17 Test your balance



Visit the woodland play areas at **Ninesprings and Riverside** and test your balance on the beams.



Go to the very top of **Summerhouse Hill or Wyndham Hill** and see how far you can see. What can you spot?

## 18 A game of tag

Play tag on the meadows or hide and seek in the woods. **Be safe and watch your surroundings while running in the park!**

## 19 Look through a tree

Can you find one of the hollow trees which you can look right through? You may even be able to stand inside it! **[Clue: try Wyndham Hill or Ninesprings]**

## 20 Make a sculpture

Collect items from the ground to make a standing sculpture, use twigs, sticks, leaves, rocks and mud to help it stand up – or make a snow sculpture if you're lucky enough to visit on a snowy day.

## 27 Meet a tree blindfolded

Put a scarf over your eyes and ask a friend to lead you to a tree. **Hug it and feel its leaves and bark.** Remember what it feels like. When they lead you away from the tree and take the scarf off, can you find your tree again?

## 28 Hug a tree

Measure a tree with your friends. How many of you does it take to reach around the whole tree, fingertip to fingertip? **One child arm stretch is roughly 50 years and an adult's is 100.**

## 29 Relax in nature

Find a spot where you can just sit and enjoy the world around you, listen, watch, smell your surroundings. **How still and quiet can you be?**

## 30 Collect leaves



See how many different shape and colour leaves you can find as you explore. **[Hint: Complete this with challenge 10]**

## Scavenger Hunt

Can you find something...

- partly eaten by an animal
- from an animal
- which will grow
- soft
- tiny
- brightly coloured

## More activities to try!



### YCP Nature Trail Activities Ranger Rik's Adventure

Pick up this leaflet from Ninesprings Cafe and complete the nature trail around Ninesprings

### Ranger-led sessions

Book on to one of our fun ranger-led events or come along with your school or community group to a ranger led session.

### Tracker pack for hire

You can hire a family tracker pack to try some of the above activities such as pond dipping and bug hunting. Ask for more details at Ninesprings café.

### Keep fit and get active

If you want to try something to help you keep fit and get active why not try one of the Run England 3,2,1 3km running routes marked in Ninesprings or Riverside or have a go at the Blackburn Fitness Trail at Ninesprings.

### Orienteering pack to download

You can download an orienteering pack and discover more of the country park.

**W:** [southsomersetcountryside.com](http://southsomersetcountryside.com)

Why not try cycling along the cycle path from one end to the other-see the 'Easy Access Trails' leaflet for a map of the flat cycle path. Or visit one of our play spaces to test your strength, coordination and balance. See the 'Exploring the Park' leaflet for details on where to find them.